

EMPOWERMENT NEWS!

Becoming the Best You!®

The second quarter is upon us and I want to leave you with this.

If You are Going to Dream,
"Dream Big"!



DREAM BIG

Dream as if everything depended on you.

Dream as if resources are endless.

Dream as if nothing else matters but your dream.

Dream as if the rainbow is in your reach.

Dream as if the sky is the limit.

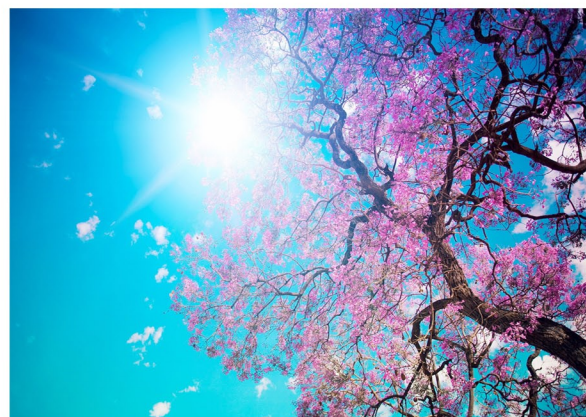
Dream as if it is just you and God against the world.

Dream as if you had all the diamonds and pearls.

Dream as if each star was going to grant you a wish.

Dream as if heaven is open and nothing is a myth.

When things seem a little bit scary, close your eyes real tight and **Dream Again.**



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If You are Going to Dream, “Dream Big”! *Cont’d*

I have a friend named Monty Roberts who owns a horse ranch in San Ysidro. He has let me use his house to put on fund-raising events to raise money for youth at risk programs.

The last time I was there he introduced me by saying:

“I want to tell you why I let Jack use my horse. It all goes back to a story about a young man who was the son of an itinerant horse trainer who would go from stable to stable, race track to race track, farm to farm and ranch to ranch, training horses. As a result, the boy’s high school career was continually interrupted. When he was a senior, he was asked to write a paper about what he wanted to be and do when he grew up.”

“That night he wrote a seven-page paper describing his goal of someday owning a horse ranch. He wrote about his dream in great detail and he even drew a diagram of a 200-acre ranch, showing the location of all the buildings, the stables and the track. Then he drew a detailed floor plan for a 4,000-square-foot house that would sit on a 200-acre dream ranch.”

“He put a great deal of his heart into the project and the next day he handed it in to his teacher. Two days later he received his paper back. On the front page was a large red F with a note that read, ‘See me after class.’”

“The boy with the dream went to see the teacher after class and asked, ‘Why did I receive an F?’”

“The teacher said, ‘This is an unrealistic dream for a young boy like you. You have no money. You come from an itinerant family. You have no resources. Owning a horse ranch requires a lot of money. You have to buy the land. You have to pay for the original breeding stock and later you’ll have to pay large stud fees. There’s no way you could ever do it.’ Then the teacher added, ‘If you will rewrite this paper with a more realistic goal, I will reconsider your grade.’”

“The boy went home and thought about it long and hard. He asked his father what he should do. His father said, ‘Look, son, you have to make up your own mind on this. However, I think it is a very important decision for you.’ Finally, after sitting with it for a week, the boy turned in the same paper, making no changes at all.

He stated, ‘You can keep the F and I’ll keep my dream.’”

Monty then turned to the assembled group and said, “I tell you this story because you are sitting in my 4,000-square-foot house in the middle of my 200-acre horse ranch. I still have that school paper framed over the fireplace.”

He added, “The best part of the story is that two summers ago that same schoolteacher brought 30 kids to camp out on my ranch for a week. When the teacher was leaving, the teacher said, ‘Look, Monty, I can tell you this now. When I was your teacher, I was something of a dream stealer. During those years I stole a lot of kids’ dreams. Fortunately you had enough gumption not to give up on yours.’”

“Don’t let anyone steal your dreams. Follow your heart, no matter what.”

- Author Unknown

Craft your Brand in 2015... Your Resume

Every year we make resolutions...and each year we break them. If you want to improve your employment or career status in 2015, reviewing and/or updating your résumé is a resolute you need to make and just can't break. Individuals usually attempt to update or craft a résumé during a job announcement. As a result, by word of mouth they seek me out anxious for assistance! Yet, this is not a good practice! If this practice sounds familiar to you, put this practice in the never again trash bin and let Solid Waste bury it.

According to Liz Wolgemuth of U.S News & Report, your résumé is an important aspect of your job search. Over the course of my career, I have been reviewed and crafted hundreds of people résumé. Your résumé is your brand. Your brand is how others perceive you, how they consider your knowledge and skills and the knowledge, skills and abilities that make you unique.

When I review résumés, they are often times outdated, poor formatting, and fail to highlight the skills your brand has to offer. If you want to progress in 2015, resolute to bringing your résumé along.

Before you take this trip, do not bring along the "I" in your résumé. For example you can include a narrative such as this: "Provide administrative support to over 50 personnel" instead of "I provide administrative support to over 50 personnel." Therefore, write in third person or first person implied. HR personnel have tons of résumés to review. Who's to say he or she is reading your entire résumé? So, when you're crafting yours, you'll want to include skills to immediately catch the reviewer's eye. This is where your Summary of Skills come in. Right below your abbreviated objective (see #4). It is intended to give a brief summary of who you are, what your skills are and how they apply to the position. Use active verbs and bullets.

1. Review your achievements from the previous year. What have you accomplished? No one knows your achievements better than you do.
2. Your objective should simply include a concise narrative focusing on the position you are applying for.
3. Be sure to include both soft skills (interpersonal skills) and hard skills (you can draw blood, you are an expert in Microsoft Excel, you can type 60 words per minute, etc.).
4. Remove your physical address (You most likely won't be getting a notification through the U.S Postal Service. Make sure you have an email address. According to a study conducted by Schullery, Ickes and Schullery (June, 2009) over 90% of employers prefer to receive résumés electronically.
5. Want to learn more? Attend a Resume Writing workshop at GCI training.

June Bridges Cox, M.S. Ed. CIT



Kingdom WOMAN

Event is FREE

TUESDAYS
APRIL 14th
to **MAY 19th**
6:00-8:00pm
WEEKLY



Aimee Nelson-Facilitator

- Learn How to live and confidently grow towards the destiny she has been called.
- Discover the call to be free.
- Acknowledge the call to be healed.
- Live a life through the call to have hope.
- Learn how to live above mediocrity.
- Gain the tools through the word of God to live a life of victory.

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South Florida Water Management District;
State of Florida (including Service-Disabled Veterans;
The Broward County School District

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AN EMPOWERMENT, AWARENESS & FUNDRAISER EVENT

SAVE THE DATE

JULY 11TH, 2015

10AM - 12PM

WOMEN'S ONLY

1PM - 2PM (TEEN GIRLS ONLY)

PALM BEACH COUNTY CONVENTION CENTER

650 Okeechobee Blvd

West Palm Beach, FL 33401

Contact Information: info@nestingknowledge.org





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for breast cancer research, education and programs

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HELP FIGHT BREAST CANCER

by buying exclusive Help Whip Cancer® products.

purchase online or at a Show May 1 - 31

In 2000, The Pampered Chef® joined forces with the American Cancer Society® to raise funds for breast cancer research, education and programs. Through Fundraiser Show contributions and the sales of exclusive products, the Help Whip Cancer® campaign has contributed more than \$11.7 million to the American Cancer Society®.



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The American Cancer Society® does not endorse any product or service offered by The Pampered Chef®.

Note: Shows including orders for Help Whip Cancer® products must be held May 1 – 31, 2015, and submitted to the Home Office no later than 11:59 p.m. CT on June 15, 2015. Online and individual orders including Help Whip Cancer® products must be placed May 1 through 11:59 p.m. CT on May 31, 2015. There is no limit to the number of Help Whip Cancer® products that you can purchase. The Pampered Chef® contributes \$1 to the American Cancer Society® for every Help Whip Cancer® product purchased. For use and reproduction by Pampered Chef® Consultants only.

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